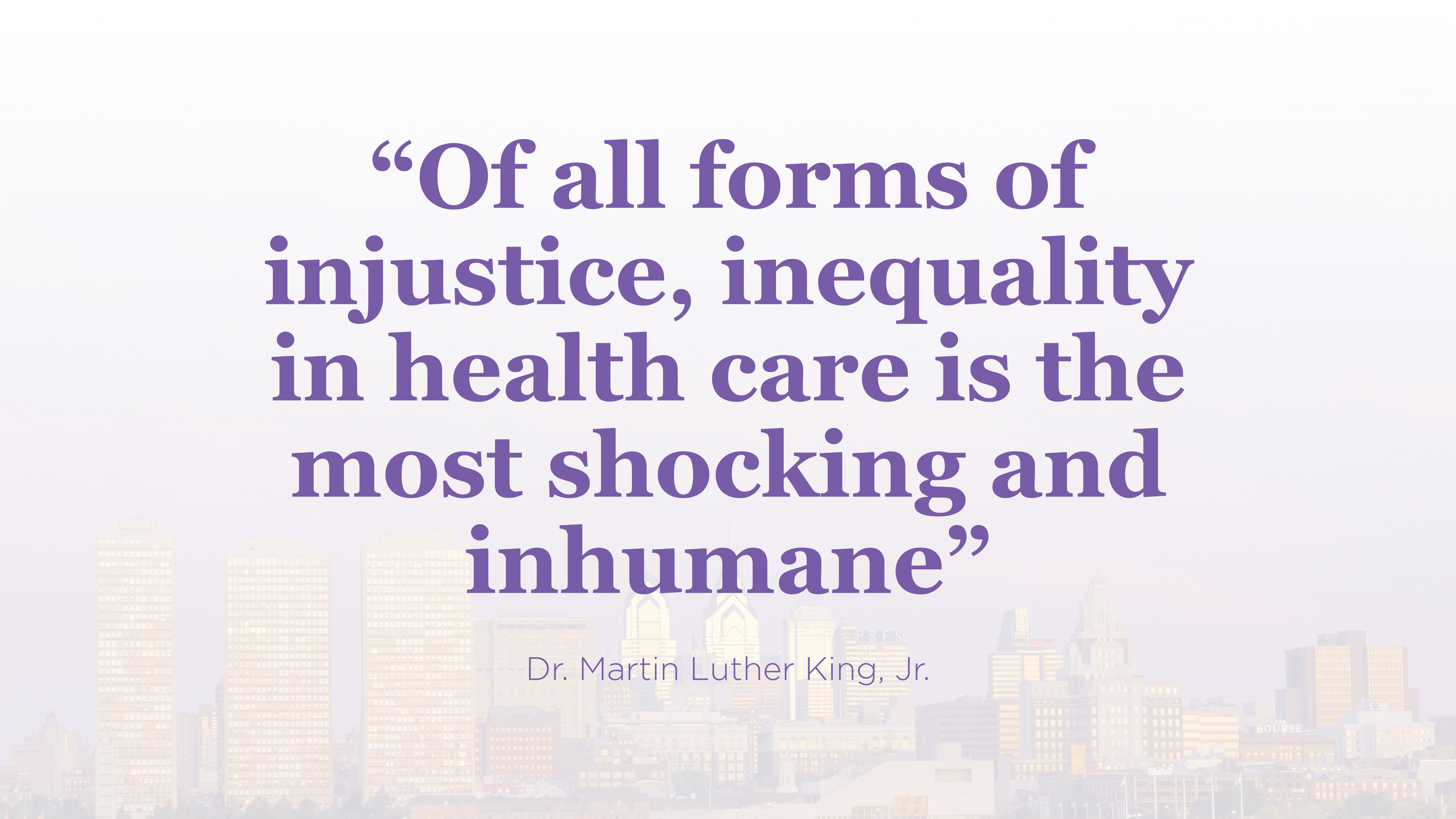




A People's Guide to Health Equity

Let's Make Sure Everyone has a Fair Chance for a Long and Healthy Life



**“Of all forms of
injustice, inequality
in health care is the
most shocking and
inhumane”**

Dr. Martin Luther King, Jr.

That Was Then.



EMERGENCY →
EMERGENCIA →
← AMILETTE
REIVING
VISITORS PARKING
MAIN ENTRANCE

BROADWAY

NO STOPPING
ANY TIME

A doctor in a red top and white lab coat is performing an ultrasound on a pregnant woman lying on a table. A man is sitting next to the woman, looking at the doctor. The doctor is pointing at a computer monitor that displays a 3D scan of a fetal face. The monitor also shows a grid of smaller images of the fetal face. The scene is set in a clinical or hospital environment.

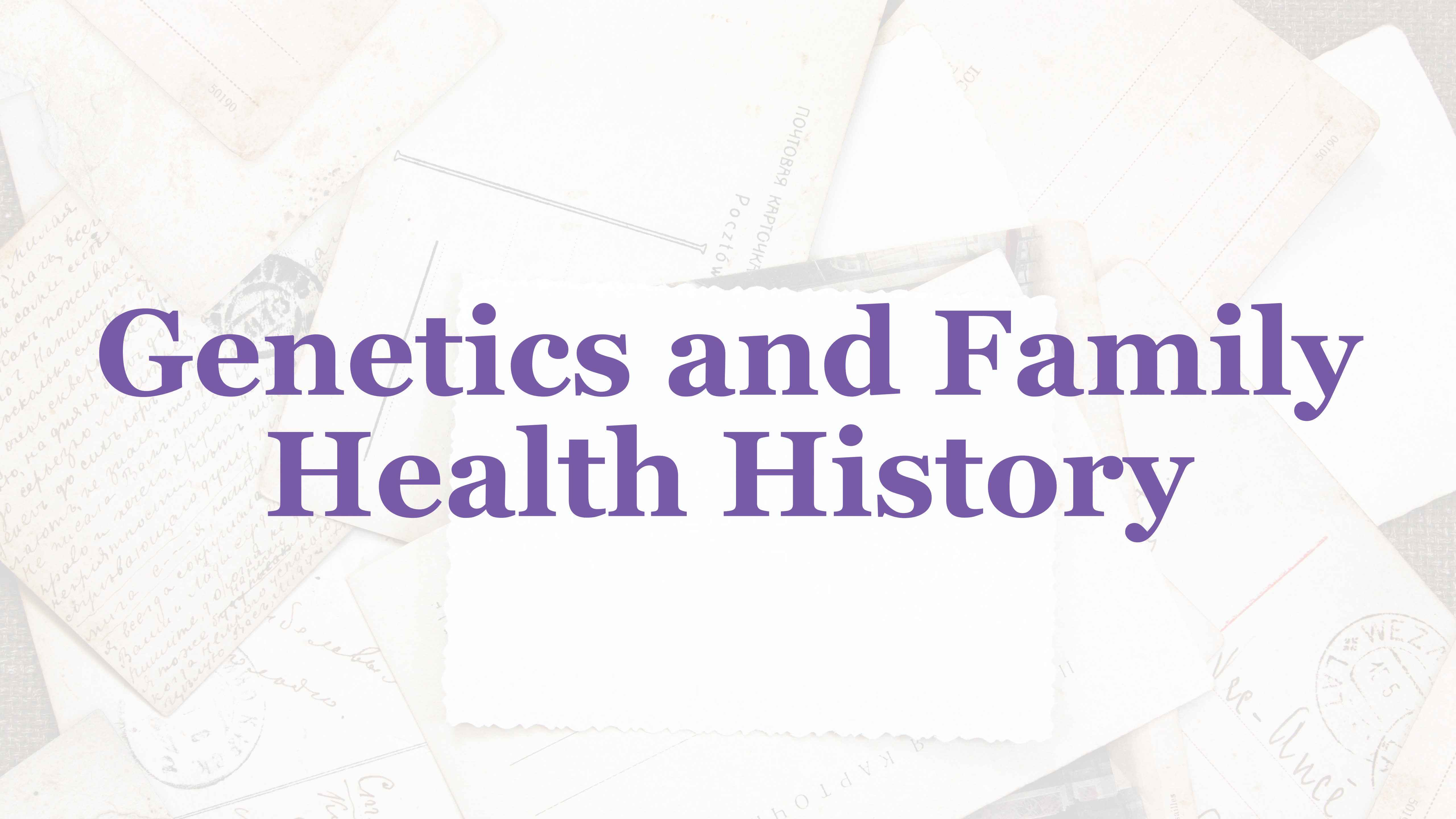
This Is Now.

A man in a dark long-sleeved shirt and jeans is sitting on a bed in a hospital room. He is looking down and to the left with a thoughtful expression. In the background, another person is lying in a bed, and a nurse is standing near a doorway. The entire image has a purple tint.

The Rest Of The Story.

Why The Inequity Today?





Genetics and Family Health History



Health Choices and Lifestyle

An aerial view of a city street scene. In the foreground, there's a parking lot with several cars. A building with a sign that says "DE-Taxes" is visible. In the background, there are more buildings, including a tall one on the left and a large one on the right. The sky is blue with some clouds. The text "So, What Is It, Really?" is overlaid in a large, purple, serif font.

**So, What Is It,
Really?**

A man and a woman are shown in a close embrace. The man, wearing a white baseball cap and a light-colored polo shirt, has his arms around the woman. The woman, with her hair in braids, is looking slightly to the side. They are standing in front of a brick wall with some graffiti. The entire image has a semi-transparent purple overlay.

**It's A Lot About
Where You Live**



The Social Determinants of Health









**If Place Matters,
Why Not Move?**

A narrow alleyway with graffiti-covered walls and a semi-transparent text overlay. The walls are light-colored and feature various graffiti tags and a large black and white portrait. The alleyway is paved with cobblestones and leads to a doorway on the right. The text "Moving's Not Easy" is overlaid in a bold, purple, serif font.

Moving's Not Easy

A group of people with their hands stacked together in a circle, symbolizing teamwork and equality. The image is overlaid with a semi-transparent purple filter. The text is centered over the hands.

Leveling the Playing Field



That's Health Equity



What Can YOU Do?

- Make healthy choices for yourself and your family.
- Learn and teach others about health and health equity.
- Take action to improve health in your community.
- Work for social justice.
- Join or start a DE Thrives Health Equity Action Team.

A group of people, some in yellow shirts, smiling and interacting outdoors. The background is a soft-focus outdoor setting with trees and foliage. In the foreground, a woman with long brown hair in a ponytail, wearing a white jacket, is smiling and looking towards the right. To her right, a woman with long dark hair, wearing a yellow shirt, is smiling and looking down at a clipboard she is holding. In the background, several other people are visible, some wearing yellow shirts with numbers on them, such as '168', '51', and '9'.

Learn More!

Visit the **Delaware Health Equity Action Center**

Online at **www.healthequityDE.com**

A group of people holding hands in a circle outdoors. The image is overlaid with a semi-transparent blue filter. In the center, two hands are clasped together, one from a person in a dark blue sweater and another from a person in a light-colored shirt. In the background, a woman with long dark hair and a grey scarf is smiling. The overall scene suggests a sense of community and support.

**We All Do Better When
We All Do Better.**



health equity